



**GREATER REGIONAL  
MEDICAL CENTER**

It's great to know, when you need us, we're here.

To schedule your personal evaluation today, call 641-782-3510

[greaterregional.org](http://greaterregional.org)



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Rehabilitation Services

## Our Services

Your rehabilitation services will be individualized to meet your specific needs, and you will receive a personal evaluation by a licensed therapist. A treatment plan and goals will then be established based on your lifestyle and activities. We will consult with your physician regarding your treatment plan and your progress.

Rehabilitation services are commonly recommended for improving your function following surgery, total joint replacement, stroke, work injuries, sports injuries, car accidents and when you are living with other orthopedic and neurological conditions.

Greater Regional Medical Center provides the area's most comprehensive outpatient and inpatient rehabilitation services, including physical therapy, occupational therapy and speech therapy. Services are available for all age ranges, from pediatrics to geriatrics. Our highly trained staff is able to provide you with excellent care locally without the inconvenience of traveling to a larger city. We are available for all of your rehabilitation needs, whether in the clinic, medical center, nursing facility, school, home or workplace.

## Our Staff

Our compassionate and accomplished therapy staff members combine their many years of experience to bring you the highest-quality care. Our rehabilitation team will make sure that you are comfortable and will answer all of your questions about your personal rehabilitation process.

## Our Promise

Greater Regional Medical Center is committed to providing you with quality healthcare and meeting your individual needs. We are dedicated to making your rehabilitation experience as beneficial as possible. Call us today to schedule a consultation.



## Physical Therapy

Physical Therapy includes treatment of neuromuscular and musculoskeletal disorders, and is designed to help relieve pain, restore motor function and improve strength and mobility. We offer a variety of services to meet your needs, including but not limited to:

- :: Functional capacity evaluations for returning to work after an injury
- :: Modalities for pain control such as ultrasound, electrical stimulation, etc.
- :: Manual therapy and deep tissue massage
- :: Stretching and flexibility exercises
- :: Cardiovascular exercises
- :: Strengthening exercises
- :: Balance training
- :: Work rehabilitation
- :: Neuromuscular rehabilitation
- :: Sports injury rehabilitation
- :: Coordination activities
- :: Wound care
- :: Home safety evaluations
- :: Aquatic therapy
- :: Vestibular rehabilitation

## Speech Therapy

Speech Therapy includes treatments for speech and language difficulties, voice disorders, stuttering, nonverbal communication difficulties and swallowing difficulties. Our Speech Language Pathologist will help you strive to increase your ability to express your thoughts, ideas and wishes. We treat and offer services for:

- :: Aphasia: difficulty expressing thoughts, difficulty finding words, difficulty with understanding words
- :: Apraxia: difficulty pronouncing words
- :: Dysarthria: slurred speech
- :: Dysphagia: swallowing difficulties and disorders
- :: Voice disorders
- :: Cognition deficits
- :: Memory deficits
- :: Head injury rehabilitation
- :: Stroke rehabilitation
- :: Communication devices



## Occupational Therapy

Occupational Therapy treatments include retraining in daily living activities such as dressing, grooming and eating. Our exercises and therapeutic adaptations benefit people of all ages who need specialized assistance to lead productive and satisfying lives. Our services include but are not limited to:

- :: Brain injury rehabilitation
- :: Stroke rehabilitation
- :: Hand injury rehabilitation
- :: Self-care activities
- :: Fine-motor activities
- :: Activity modification
- :: Energy conservation
- :: Memory exercises
- :: Strengthening exercises
- :: Flexibility exercises
- :: Home safety assessments
- :: Adaptive equipment
- :: Lymphedema treatment
- :: Saebo training